

Testimonials:

“Maureen’s special energy and sensitive hands have been a balm to my feet. Wish she were closer so I could get treatments more regularly.”

Heidi Berger, Canada

“I know from personal experience that Maureen has healing hands and you’d be very smart to put yourself into those hands.

Penny Hynam, Barbados

Maureen has a very nice touch when she does reflexology. She can gauge the pressure to suit your taste. She makes one feel at home in her cozy environment with comfortable recliner, soft lighting and relaxing music.”

Dottie Bosley, Scranton, PA

“Maureen is my first step when my body feels out of balance.”

Jane Risse, Scranton, PA

About Me:

My name is Maureen Watson, a board certified reflexologist and a professional member of the Reflexology Association of America. Since 2004 I have been practicing reflexology abroad and in Scranton, Pa.

It gives me immense satisfaction to help others achieve a state of physical, mental and emotional well-being through this non-invasive therapy.

For an appointment

Call: 570 904 1211

Gift Certificates Available



Maureen Watson, Certified Reflexologist

REFLEXOLOGY

*The footpath
to*



Good Health & Rejuvenation

Reflexology:

A non-invasive complimentary modality based on the premise that there are zones and reflex areas on the feet, hands and ears which correspond to all body parts. By applying alternating pressure on these areas, using thumb, finger and hand techniques, changes occur in the body enhancing physical, emotional and mental well-being.

Reflexology however, is not a tool for diagnoses of diseases.

Benefits frequently reported by clients:

- Stress reduction & deep relaxation
- Improved circulation
- Rejuvenation
- Heightened creativity and productivity
- Improved body functioning
- Pain Management

Typical Session:

- Approximately, 60 mins
- Client removes footwear only

Standards and Ethics CODE OF ETHICS

As a member of the Reflexology Association of America a reflexologist shall:

1. Maintain the highest standard of professional conduct.
2. Provide services in an ethical professional manner in relation to clientele, business associates, healthcare professionals and the public.
3. Practice within boundaries of practitioner's training.
4. Ensure client safety and comfort.
5. Protect client privacy.
6. Maintain anonymity of the client when discussing the client's case with other professionals, unless written consent is obtained.